

# Rocky Mountain Chapter American College of Sports Medicine Quarterly Newsletter

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## SPECIAL POINTS OF INTEREST

Winter Meeting Report

Board Members

Pictures of 2011 Winter Meeting

Thanks to Outgoing Board Members

ACSM Annual Meeting

Professional Opportunity

For more information about RMACSM, please go to the website at [www.RMACSM.org](http://www.RMACSM.org)

## 2011 Winter Regional Meeting

A successful 2011 Winter meeting was held on February 25-26, 2011 at the Hilton Hotel in Ft Collins, Colorado. 122 people attended all or part of the conference even though the weather made travel somewhat challenging for those who had to come from out of town.

There was a record number of student abstracts submitted and one of the hardest parts of

planning the meeting was finding a sufficient number of easels for the presentations and enough judges to review all of the submissions.

Overall evaluations of the location and the program were very good. There were a few opportunities to improve and the board will keep those suggestions in mind when planning the 2012 meeting. There were many positive comments

about the location and being able to stay in the same facility where the meeting was held.

Everyone who attended should have received a certificate via e-mail from Rose Steen—RMACSM Executive Director. If you did not, please contact her at [rjsteen2009@gmail.com](mailto:rjsteen2009@gmail.com) and request the certificate be mailed to you.

## Board Members

Ray Browning—President  
[ray.browning@colostate.edu](mailto:ray.browning@colostate.edu)

Peter Hoth—Past President  
[canoeguide03@yahoo.com](mailto:canoeguide03@yahoo.com)

Scott Drum—President-Elect  
[sdrum@western.edu](mailto:sdrum@western.edu)

Tim Behrens—Sec/Treasurer  
[tbehrens@uccs.edu](mailto:tbehrens@uccs.edu)

Sue Carter—Front Range Rep  
[sdcarter7@att.net](mailto:sdcarter7@att.net)

**!New!** Dave Hydock—Front Range Rep

[David.hydock@unco.edu](mailto:David.hydock@unco.edu)

**!New!** Ben Thompson—Metro Rep  
[bthomp50@mscd.edu](mailto:bthomp50@mscd.edu)

Wyoming Rep—position still open

Tracey Robinson—Southwest Rep  
[tlobins@adams.edu](mailto:tlobins@adams.edu)

**!New!** Nicole Strom—Student Rep  
[nstrom1@uwyo.edu](mailto:nstrom1@uwyo.edu)

Tod Sweeney—Rep to National  
[Alyntod97@yahoo.com](mailto:Alyntod97@yahoo.com)

Rose Steen—Executive Director  
[rjsteen2009@gmail.com](mailto:rjsteen2009@gmail.com)

# Pictures from 2011 RMACSM Winter Meeting



← Poster Presentation Winners

College Bowl Winners ↓



Dave Bassett Program ↑



## Thank You to Outgoing Board Members

The winter meeting is the time when new board members are welcomed and those whose terms have expired are relieved of their responsibilities.

Organizations like RMACSM only function well when there is good leadership in place. The current board would like to say thanks to the following members who have completed their terms on the board. Erik Giphart completed his term as past president this year. Andrew Subudhi completed his term as Front Range representative and Elise Donovan completed her term as student representative.

Thanks to the three of you for your years of service to RMACSM and the many ways you have helped to make this an effective organization.



Loren Cordain and Ray Browning ↑



**Rocky Mountain Chapter  
American College of Sports  
Medicine**

**Rose Steen  
Executive Director  
Newsletter Editor**

**Phone: 970-214-2986**

**E-mail: [rjsteen2009@gmail.com](mailto:rjsteen2009@gmail.com)**

**Please contact me if you have ideas for  
articles in future Newsletters.**

## **Professional Opportunity**

### **Vacancy Announcement at Adams State College: Assistant Professor—Department of Human Performance and Physical Education Position #FE1101**

Starting Date: August 17, 2011

Qualifications:

- Doctoral degree in exercise science, exercise physiology, kinesiology, or closely related discipline. ABD considered if completion of degree is anticipated within one year
- Ability to perform position description
- For complete job description, please go to the [www.acsm.org](http://www.acsm.org) website—click on Career Planning/Job Services—then click on the Health Professionals tab.
- Applications received before May 13, 2011 will be considered

Adams State College is located in Alamosa, Colorado—approximately 3.5 hours from Denver. Additional information about Alamosa can be found at [www.alamosa.org](http://www.alamosa.org)

## **ACSM Annual Meeting—Denver, Colorado**

Make plans now to attend the World Congress on Exercise is Medicine held in conjunction with ACSM's 58th Annual Meeting to be held at the Hyatt Regency Denver at the Colorado Convention Center.

### **Some dates to keep in mind:**

Convention Dates: May 31-June 4, 2011

Early Registration Deadline: March 9, 2011—this date has passed

Housing Deadline: April 28, 2011

For a complete brochure of the many and varied topics to be presented, go to: [www.acsmannualmeeting.org](http://www.acsmannualmeeting.org) and

click on the “See the preview” button.

**Exercise is Medicine** is an initiative focused on encouraging primary care physicians and other health care providers to include exercise when designing treatment plans for patients.

Exercise is Medicine is committed to the belief that exercise and physical activity are integral to the prevention and treatment of diseases and should be regularly assessed as part of all medical care.

The inaugural World Congress on Exercise is Medicine, first held in June 2010, served as an interna-

tional forum to address the science, practice and policy aspects of the impact physical activity has on disease prevention and health promotion.

This year, learn about what international colleagues have done to begin implementing Exercise is Medicine in countries across the globe. The second world congress will discuss the development of the global initiative, and how you can be involved.

28.5 hours of educational credit (CME/CEC/CEU) will be offered.